

ADVANCE HOPE

The Advance Hope Way

“ We believe we are stronger together and we hope to partner with those who share the same belief that mental health matters! We can make a difference in the lives of our youth, adult individuals, couples/marriages, and families, that impacts generations. ”

Stronger Together

Dear Friends,

Warm greetings from Advance Hope! As we celebrate nearly three years dedicated to mental wellness, we are grateful for the opportunity to reach out to incredible supporters like you. Your commitment to us has made a significant impact on our ability to continue to provide access to mental health services. Your generosity is not just a donation; it is a lifeline to individuals and families seeking healing, growth, and empowerment. Through your support, we are able to offer Christian faith-based coaching and counseling services to those facing financial difficulties, bridging the gap for those who might otherwise be unable to access these vital resources.

Have you considered the benefits of addressing mental health? It can transform every facet of our lives and communities. When we address mental health in our communities it positively impacts overall health and well-being for individuals, marriages, families, workplaces, schools, churches, and empowers communities for generations. By investing in mental health scholarships, you are contributing to the creation of healthier, more compassionate communities for generations to come.

As we move forward, your belief in our mission inspires us to continue pushing forward in this heartfelt work. Together, we can make a lasting impact on the well-being of individuals, families, and communities. Here's how you can support us:

1. Pray. Pray for our organization, mental health providers, and their clients, and for funds to continue this Christ-centered work.
2. Donate. Any donation is appreciated, our greatest need is for continued financial support in the form of monthly donations (as a little as \$10 is a blessing to those we help).
3. Share. Share information about Advance Hope with those who need support and with those who can help support.
4. Follow us. Keep updated on Advance Hope and Advance Hope Mental Wellness by liking and following our social media on Facebook and Instagram.

Finally, we want to express our deepest gratitude for your unwavering support in Advance Hope. With your help we have provided over \$41,000 in scholarships for mental health with another \$36,845 allocated. Currently, we have 6 individuals on our waiting list for funds to become available to receive services. Your generosity is a beacon of hope, and we are profoundly thankful for your commitment to us and our community.

With warm regards and heartfelt appreciation,

Holly O'Dell
Executive Director
Advance Hope Ministries

[GIVE NOW](#)



HOPE

BECAUSE OF YOU
THERE IS HOPE

Testimonials

Shannon invited me to come and see her at the last Advance Hope couples weekend. I had shared with her the emotional pain and anger I was experiencing as my husband's mental and physical health were in decline and it was necessary for me to become his caregiver. Shannon has been helping me to walk in this new chapter of our lives and to call upon God as my source of strength and understanding. When in pain, emotional or physical, it's easy to lose focus. Shannon has helped me to keep my focus on my spiritual source of strength and guidance. I am so grateful for the scholarship grant and for the support of Advance Hope through Shannon. -AH Client

I knew I needed to get counseling again. I started checking through suggestions from Church because I knew I wanted to get Christian counseling. With the suggestions I received, I started contacting each one to find out if they accepted my insurance. With the cost of counseling, I knew I could never afford it if I had to pay it all out of pocket. The few that did accept my insurance were booked out for months and not accepting new patients. Eventually I contacted the church again and received information about Advance Hope. I contacted Holly O'Dell, and started the simple process of becoming connected with a mental health coach. From the very first meeting with Ruthie I knew I had hope again. She has an amazing ability to ask questions that helped me to rethink how I was processing things. The enemy wants to keep us isolated, and when I stepped out and determined not to stay isolated any longer, the transformation has been life-changing!!!! Because of the Advance Hope Ministries program that payment is on a sliding scale of income I can afford to get the help I so desperately needed. And in God's perfect plan, He chose Ruthie to be the one who would reach out her hand and help me out of the deep, dark pit of hopelessness that I was in. Thank you so much for the opportunity to share a tiny piece of the transformation that Advance Hope Ministries is providing in my life. - SJ



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Missing Briah Thayer, Josh Halan, Nicole Black, Marci Mangold, and Karlin Sprecher



IMPACT

ON A MISSION TO
change lives!

I have experienced many traumas in my life, a few I have mentioned to you; but the trauma of being betrayed by your church family or "safe Christian community" at the previous school we taught at--has cut the most deeply. Pamela helped to validate for me that this experience was a deep trauma and I think for the first time I gave myself the chance to acknowledge how deeply that hurt cut. That was huge for me. Then I named it, "Pharisee" and that allowed me to separate that wound from the people. God had already started me down the road to forgiveness and love; but the wound just felt like a bandage that just kept getting ripped off. I need the healing deep in my soul and I found that this weekend. The pressure was lifted off and for the first time in so long, I felt "lightness" deep in my soul. So I now have a scar but not an open wound. I am so thankful that at just the right time God brought me to you; and that you and your team were so faithful to minister to us this weekend. I was able to walk into the chaos at my church and testify to the goodness of God. Thank you for your encouragement to just be a light. I spoke TRUTH and let God take care of the rest. Several ladies there (who are good, safe friends) told me that I was different. Some how I seemed lighter, even my face seemed brighter. I was able to testify to them about how the tools given to me by Advance Hope have freed me.

In January and February of 2023, Advance Hope hosted a trio of impactful weekend events—Men's, Women's, and Couples—that collectively drew over 150 participants. We explored the profound link between seeking to know God, understanding ourselves and our identity, and cultivating intimacy with Jesus and in our relationships.

Thank you so much to the amazing teams of individuals who served to make all 3 of these weekends possible and to the attendees who signed up and came.

We can't wait until next year, and hope you will join us in January and February 2024!

2023 Couples Weekend Team

2024 Weekend Retreats



Heaven Sent
LOVE CAME DOWN, EMBRACE HOPE, PURPOSE, AND COMMUNITY

Register Now
AHM Frontier Men's Weekend
January 19th - 21st, 2024

frontiersweekend.advancehope.org



Heaven Sent

Register Now
Advance Hope Women's Weekend
January 26th - 28th, 2024

womensweekend.advancehope.org



Heaven Sent
THE LORD GIVES US JOY, PURPOSE AND PROSPERITY. GOD IS

Register Now
Advance Hope Couple's Weekend
February 9th - 11th, 2024

couplesweekend.advancehope.org

Working with Advance Hope has been life changing for me. Now I have a companion to walk through life's challenges, and the practice of waiting on the Lord has changed everything. Thanks so much for all you do! - KT



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More info here:

Men's Weekend:
frontiersweekend.advancehope.org

Women's Weekend:
womensweekend.advancehope.org

Couples Weekend:
couplesweekend.advancehope.org



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